

[View this email in your browser](#)



NEWSLETTER

JANUARY 2026

WINTER FESTIVALS



The first week after the Xmas holidays was about Winter Festivals. Let us say that it truly brought a little magic into our cold winter days. Colourful masks, funny costumes, and cheerful Slovak songs filled our classrooms. With our handmade lanterns glowing in the grey January morning, we also enjoyed a special walk to spread warmth into the city.



MUSIC ALL AROUND



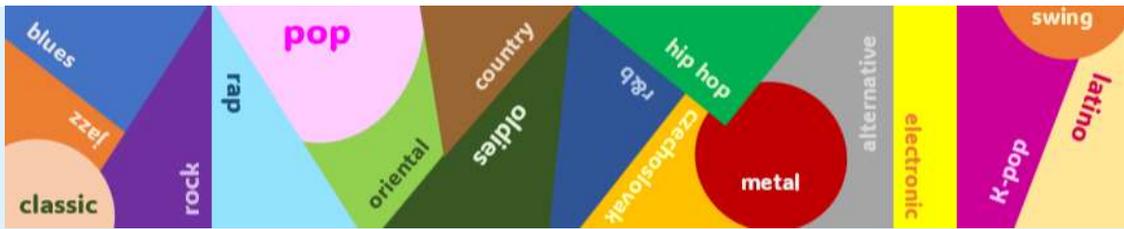
In the second January week, music has truly been all around us! Our kindergartens turned into a concert hall where we enjoyed a lovely **concert**. Violins, viola, and cello filled the room with beautiful music of Vivaldi's Four Seasons.



In addition, we explored different musical instruments, created class bands, joined talent competitions, and much more to enjoy winter music vibes.



WE SPY TEACHERS: What is your favourite music?



Ivanka (SM): My music choice changes with my mood. Some days I love energetic songs I can sing along to, and other days I prefer something soft and peaceful. But my absolute favourite is the music I create myself while playing the piano.

Megan (HP): I like a good mix of music, but I especially listen to pop, country, and music I can work out with or dance to. My all-time favourite type of music though would have to be country music (coming from Texas).

Radka (MD): There's nothing better and funnier than 80s pop

Miška J. (KOL): I like listening to slow jazz, especially after a long day at the kindergarten. 😊

HEALTHY BODY - HEALTHY MIND



In winter, we could not skip the topic about healthy habits and how to keep our bodies and minds fit. Children learned about the importance of washing hands, eating healthy food, exercising, enough sleeping to understand that taking care of our body help us feeling good and happy.



In January, children changed swimming for **sauna program** which is well-known for supporting immunity and well-being. They enjoyed a warm, cozy experience that helped their bodies relax and their minds feel calm 😊

In addition, our Reception and Year 1 classes took a part in a weekly **gymnastic course**. Children were thrilled to jump, stretch, balance, roll in a real gymnastic hall – which was truly an amazing experience.





WE SPY KIDS: What can help you to stay healthy?

Y1

Ela M. (Meerkats MD): To eat vegetables. And you have to be wearing good clothes because if you wear short and it will be rain so you'll get sick.

Marínka (Seahorses HP): We need to drink a lot of water but not with sugar.

Arlo (Turtles KOL): Vegetables and washing hands with soap.

Charlotte (Lemurs HP): My mum says we should eat healthy and what she cooks.

Oliver (Meerkats MD): To eat cibul'a and then chytat' nejaká energia.

Viki (Eagles SM): When you are sick you have to stay home.

RECEPTION

Leo (Otters KOL): Apple, pear and orange

Caroline (Bunnies HP): You can do yoga.

Rebeka (Capybaras MD): You need to have all of the fruits.

Tomi (Ladybugs SM): Exercise.

Miška (Bunnies HP): We need to aj veľa spať.

NURSERY

Viktorko (Puffins HP): We cannot eat chocolate because it is not healthy and you can have germs everywhere on your hands. Also you need to eat broccoli.

Hectorko (Quokkas KOL): Wash hands.

Ida (Weasels HP): Moja maminka!

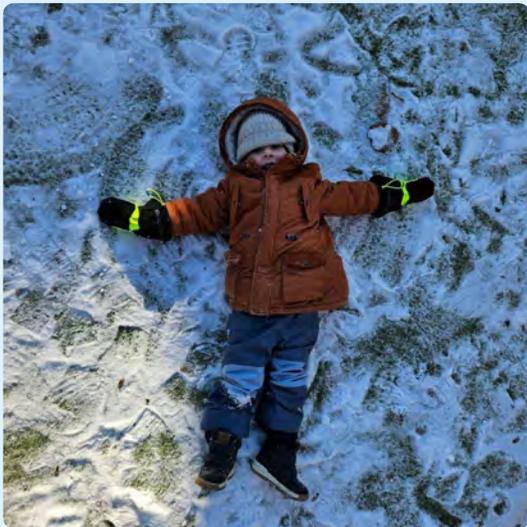
Matúško (Zebras SM): Lieky

Timon (Puffins HP): Also a lot of sports.

WINTER FUN



This year, we got lucky and January brought us lots of snow and frost, so we could experience and learn about winter throughout the whole month. The fresh, cold air and icy surroundings made spending time outside even more exciting and memorable.





EVERYDAY LIFE







Are you interested what was special in our classes? Click here to check the activities we've been working on.

OUR ART GALLERY

OUR CAMBRIDGE SCHOOL



January at school was once again busy as always... skiing course, young voices trip to London, sports and poetry competitions... and of course, half-term reports...

For more details, please, check www.cambridgeschool.eu

Do you want to see MORE PICTURES? Click [HERE...](#)



Copyright © 2026 Funiversity, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

